

Tui Na is a part of Traditional Chinese Medicine (TCM) and can be used either as a stand alone therapy or in combination with other therapies.

In Zheng Gu Tui Na (ZGTN) you also learn Qi Gong for your own use and for clients.

Tui Na is based on a number of techniques like rolling, dragging, pinching etc. ZGTN is very practical, and you can use the system immediately.

The first classes was a big success here in Denmark

Tom Bisio and Frank Butler will teach the classes.

## Registration/payment

The classes are in 4 levels and you need to take them in order - unless you took other classes with Tom Bisio or Frank Butler in the past.

For details about each level, please see:

[www.zhenggutaina.com](http://www.zhenggutaina.com)

and look under "programs"

When you register there is a deposit of 2000 dkr. which is not refundable.

The remaining 10.000 dkr. is paid in two installments:

Feb. 1. 2010 = 5000 dkr. & April 1. 2010 = 5000 dkr.

Price for all Levels = 12.000 dkr

(include neither the textbook nor food/lodging)

## Traditional Chinese Medicine

Chinese medicine employs a wide range of therapies to treat illness and injury:

- Lifestyle Modification/Philosophy of Living
- Meditation
- Qi Gong exercises/physical therapy/martial arts
- Dietary therapy
- Internal herbs: decoctions, pills and powders
- Tui Na: Chinese medical massage
- Acupuncture & Moxibustion
- Zheng Gu: Bone and joint mobilization
- Externally applied herbs: poultices, plaster, soaks, washes etc.

## Here are the dates for Class 2:

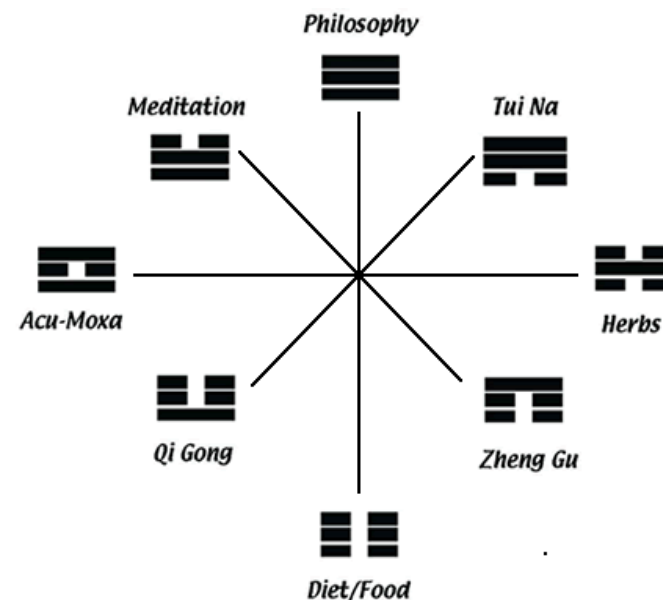
Level 1: ' #- '! ') #- '2010

Level 2: % #%/! ` &#%/ 2010

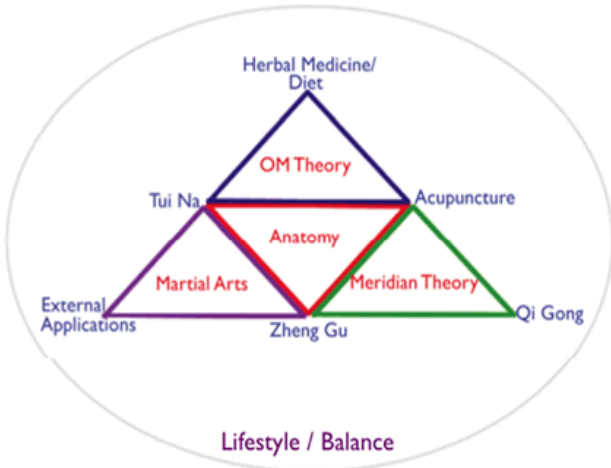
Level 3: 4/3 - 6/3 2011

Level 4: 17/6 - 19/6 2011

### Eight Pillars of Chinese Medicine



These therapies can be viewed as a series of interlocking triangles, each of which is bound by a different set of theories that also interconnect and interpenetrate with each other. The triads illustrated below can be connected in many ways to create a dynamic multi-faceted approach to treatment and rehabilitation.



Tom Bisio & Frank Butler

### Tom Bisio - Co-Founder

Tom Bisio has been practicing chinese medicine since 1990 and has been a teacher and student of the martial arts for over 30 years. Tom has trained with many teachers both in the United States and in Asia. In addition to completing a B.A. in Asian Studies from Columbia University and being a graduate of the Tri-State College of Acupuncture, Tom apprenticed in Chinese herbology, acupuncture, Qi Gong, Tui Na and Bonesetting. Tom is also the author of a recently published book, *A Tooth from the Tiger's Mouth How to Treat Your Injuries with Powerful Healing Secrets of the Great Chinese Warriors*.

### Frank Butler - Co-Founder

Frank Butler has been involved in Chinese medicine since 1990, and Chinese Daoist meditation since 1978. Frank not only received a master's degree in TCM, he also completed a seven year apprenticeship with a traditional chinese "bone-setter". Constantly trying to improve his skills, he has studied with some of the most famous TCM masters of the 20th. century, both in the U.S. and China. Frank's unique apprenticeship training, coupled with his strong history of martial arts, has given him an indepth understanding of trauma medicine. After many years of success in Chinese medicine Frank took the last year off to travel around the world and do aid work, delivering chinese medicine to those in need. From the mountains of Bali and the Himalayas, through Thailand, and Africa, helping anyone in need, and spreading the wonder and beauty of this incredible healing system.

# Zheng Gu Tui Na Copenhagen

**Tui Na**  
(Chinese Medical Massage)  
**Classes starts**  
**in 2010**



More information:  
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For information on the classes in  
Copenhagen  
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Jonas Brenner is cooperating with:



[www.zhenggutaina.com](http://www.zhenggutaina.com)